

# Lecture Series on Physical Activity and Public Health

by prof. Michael Pratt

from the University of California San Diego

A series of lectures focused on physical activity and public health will be held at the Faculty of Physical Culture, Palacký University Olomouc, and delivered by Dr Michael Pratt, a leading expert in his field from the University of California San Diego.

Michael Pratt's home department at the University of California is the Herbert Wertheim School of Public Health and Human Longevity Science. He has long been collaborating with the Faculty of Physical Culture and he is currently living and working in Olomouc thanks to the prestigious Fulbright Distinguished Scholar grant awarded to Dr Pratt for the whole academic year 2022/2023.

All students and employees of Palacký University interested in the topics are cordially invited to attend the lectures, regardless of their department or faculty.  
No prior registration necessary.

## Place

Lecture Hall 4.20, building A, 4th floor,  
Faculty of Physical Culture, třída Míru 671/117

## Time

10:30 - 11:30

## Topics and Dates

- **8.2.2023** Measuring and monitoring physical activity for population health
- **22.2.2023** Can we reverse the global pandemic of inactivity: Evidence-based strategies to increase physical activity
- **8.3.2023** Is vigorous physical activity important for (public) health?
- **22.3.2023** A brief history of the development and implementation of public health policy for physical activity
- **5.4.2023** Physical activity and the United Nations Sustainable Development Goals
- **19.4.2023** Building global capacity for physical activity research and practice: Role of networks

